

Cheesy Cauliflower Rice

2 tbs. EVOO

1 bag cauliflower “bits”, or 1 head cauliflower, grated

1 oz. Colby Jack cheese, shredded (or cheddar)

1/4 tsp. Kosher salt

1/8 tsp. freshly ground black pepper

In a large skillet over medium–high heat, heat the EVOO until shimmering. Add in the cauliflower, stir to coat, and sauté until browned (about 10 minutes). Sprinkle on the cheese, stirring constantly, and cook an additional minute until cheese melts. Stir in salt and pepper.



<https://pineapplehouserules.com/>